

# 2026 EDWARDSVILLE EARTH DAY FESTIVAL



Nature PRESERVE  
FOUNDATION



## EVENT TIMELINE

- 9:30 AM **Event Start**
- 9:30 AM **Community Bike Ride Begins** *(at Richards Woods)*
- 9:45 AM **Guided Bird Walk** (13)
- 10:00 AM **Goat Yoga\*** (10)
- 10:00 AM **ShED Talk: Moths** *with Bert Reiheld* (16)
- 10:15 AM **Mindfulness in Nature Session** *with Meg Krejci* (21)
- 10:30 AM **Dedication to Our Founders** (15)
- 10:45 AM **Guided Nature Hike** (13)
- 11:00 AM **ShED Talk: Backyard Composting** *with GDCC* (16)
- 11:15 AM **Sound Bath & Yoga Session** *with Vu Violet Do* (23)
- 11:30 AM **Guided Nature Hike** (13)
- 11:45 AM **ShED Talk: A City Beyond Cars** *with BPAC* (16)
- 12:00 PM **Mindfulness in Nature Session** *with Meg Krejci* (21)
- 12:15 PM **Guided Nature Hike** (13)
- 12:30 PM **ShED Talk: Creating a Nature Corridor** *with NPF* (16)
- 12:45 PM **Sound Bath & Yoga Session** *with Vu Violet Do* (23)
- 1:00 PM **Dialogue with a Board Member** (15)
- 1:30 PM **Event End - Thank You!**

*\*\$10 Ticket Required*

# Event Descriptions

## Food & Beverages

Heaterz Chicken, Sneaky's Burger Joint, Samm's Last Chance, Press Coffee & Tea, and 618Sips.

## Live Music

Butch Moore

## Ask a Beekeeper

Visit with local beekeeper Bianca Aldaco to learn about honeybee behavior, hive basics, and the role of pollinators.

## Ask Me About Ambassador Stations

Interactive nature-centered stations along the trails. Stop and Ask An Ambassador!

## Bike Ride: Community Bike Ride to the Watershed

A free, all-skill-level community bike ride in partnership with the Edwardsville Bicycle Pedestrian Advisory Committee. The ride begins at Richard's Woods with optional pickup points along the route.

## Climate and Advocacy Tent

Connect and learn about environmental topics and community initiatives.

## Community Vendor Fair

Over 30 vendors including local businesses, organizations, clubs, and farmers. Some items will be available for purchase.

## Dedication to Watershed Founders

A brief program honoring the founding members who helped establish the Watershed.

## Dialogue with a Board Member

An open session to learn about ways to support the Watershed and connect with NPF board members.

## Discovery Days

Hands-on activities for youth focused on the "Pedal to the Watershed" theme, with projects to create and take home.

## Earth Day Challenge 2026: Plant a Tree, Grow a Future

Pick up a free tree and take part in a year-long community challenge to plant and track growth. Learn more:

## Goat Yoga of Southern IL

Yoga session with goats for ages 12+ with a \$10 donation. Arrive early for waiver; registration available in advance or on-site.

## Guided Bird Walk

Guided walk with bird expert Russ Reed covering bird identification and observation tips. Limited binoculars available. Encouraged to bring your own!

## Guided Nature Tours

Led by NPF board members, these tours cover the history of the preserve and key features of the landscape.

## Mindfulness in Nature

Guided mindfulness session with Meg Krejci focused on stress reduction and awareness in a natural setting.

## Mobile Bike Clinic & Electric Bike Test Rides

Free bike tune-ups and maintenance checks provided by The Cyclery and Fitness Center. Electric bike test rides available.

## Native Plant Sale

Locally grown native plants for sale from Green Thumb Nursery. Prices range from \$3.50-\$40; cash or check accepted.

## Native Tree Giveaway & Planting Demonstration

Free native trees available while supplies last, with a demonstration on proper planting techniques.

## Nature Center Open House

Visit the Nature Center to learn about programs and access restrooms.

## NPF Hospitality Tent

Information, event assistance, and first aid available. Connect with NPF board members.

## Pet Adoptions

Metro East Humane Society will have cats available for adoption.

## Sound Baths and Yoga

Open sessions featuring yoga and sound bowls led by Wellstra STL.

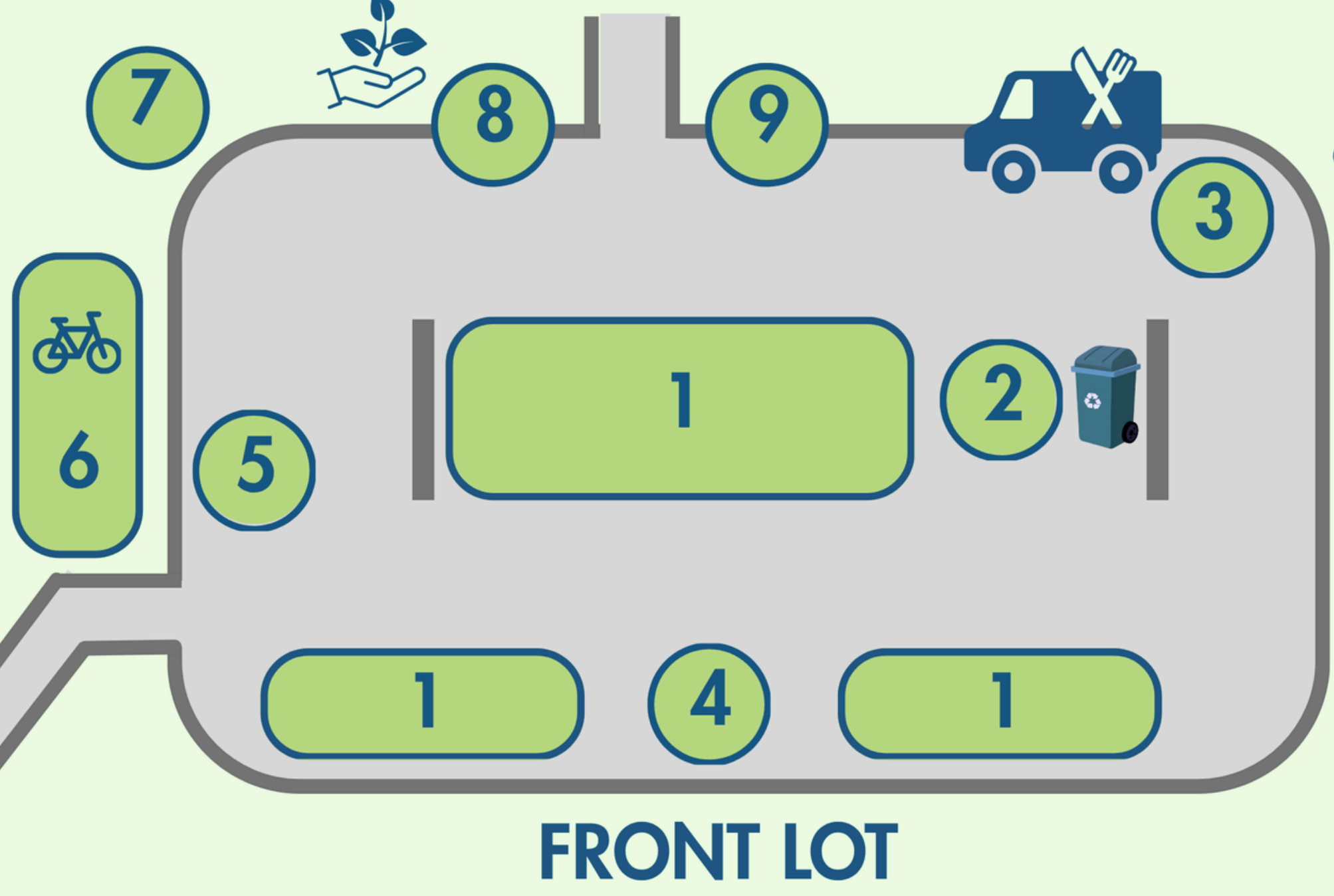


Edwardsville  
Earth Day Festival

### MAP KEY

1. Community Vendors
2. Food Court Seating
3. Food Trucks
4. Native Plant Sale
5. Free Bike Clinic
6. Bike Parking Area
7. Pet Adoptions
8. Native Tree Giveaway
9. NPF Hospitality Table
10. Goat Yoga
11. Live Music with Butch Moore
12. Youth Discovery Day Station
13. Guided Nature & Bird Hikes
14. SIUE Bird Nerds
15. Nature Center Open House
16. Dedication Ceremony
17. Dialogue with a Board Member
18. Micro ShED Talks
19. Ask Me About: Animal Tracks
20. Ask Me About: Flying Friends
21. Ask Me About: The Bird Blind
22. Ask Me About: Prairie Roots
23. Mindfulness in Nature Sessions
24. Ask Me About: Wetland Critters
25. Sound Bath & Yoga Sessions \*
26. Ask Me About: Decomposers
27. Ask Me About: Invasive Plants
28. Ask Me About: Tree ID & Dating
29. Beekeeping & Native Bees
30. Climate & Advocacy Tent

\* For ADA accessibility, please follow paved MCT Trail to Overlook



Many thanks to our event service partners